



# Office of the Campus Registrar

HUMAN RESOURCE MANAGEMENT DIVISION

You Are Invited to

## The Art and Science OF HAPPINESS Seminar

Tuesday, October 21, 2014

Time: 1-4 pm

Venue: Main Library Multifunctional Room

### Main Presenters:

Dr. Donovan Thomas &

Mrs. Faith Thomas

Founders of Choose Life  
International

- . Be Empowered!*
- . Learn how to cope with the stresses & challenges of life*
- . Have an "I CAN" Attitude*

Limited Spaces! Register Now at  
[campusregistraroffice@uwimona.edu.jm](mailto:campusregistraroffice@uwimona.edu.jm)  
or call extensions 2542 /2600

- . Interactive Presentations*
- . Video Viewing*
- . Small Group Interactions*